



OCTOBER 2014



SHRM Montgomery

ADVANCING THE PROFESSION AND SERVING THE PROFESSIONAL

General Membership Meeting

Date: Wednesday, October 29th, 2014
Topic: **How to Create a Wellness Strategic Business Strategy**
Speaker: **Elisabeth Doehring**
Time: Luncheon Meeting
11:30am – 1:00pm
Location: **Troy University**
Gold Room, 2nd Floor
231 Montgomery Street
Montgomery, AL 36104



Registration Deadline: Monday October 27th

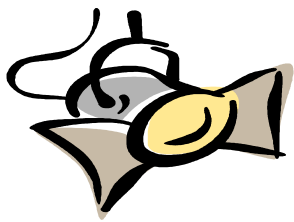
NOTE: All registrations should be submitted 2 business days prior to the meeting.

Please welcome new members:

Stephanie Fletcher
Joy Osborne
Amanda Smith

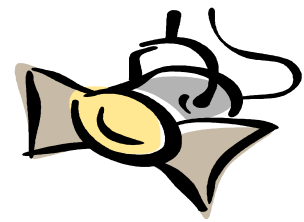
Meeting Guidelines Checklist:

- Please go to <http://shrmmontgomery.shrm.org> and click the "Meeting Reservation Link."
- All members, guests and students must go to the website to make a reservation in order to attend the meeting.
- Cancellations must be made 24 hours in advance of the meeting. SHRM-Montgomery reserves the right to bill if cancellation is not made in a timely manner.
- Luncheon Meeting Fees, payable at the door
 - Basic Members (excluding all-inclusive members) - \$15
 - Guests - \$20



Speaker Spotlight

October



Elisabeth A. Doehring serves as Founder/President of the North American Center for Workplace Wellness (NACWW™). NACWW™ guides companies in establishing and managing employee wellness programs. Focus is on creating employee wellbeing and teamwork that increase productivity and profitability.

Double-certified in Human Resources (PHR and GPHR) with nearly ten years of combined human resources and training, Elisabeth holds wellness certifications from WELCOA (The Wellness Councils of America), as well as WELCOA Faculty Status. Other certifications include Certified Worksite Wellness Specialist (CWWS) and Certified Worksite Wellness Program Manager (CWWPM) from the National Wellness Institute. Elisabeth also holds the designation of 30 hour OSHA Training.

Elisabeth has served as Diversity Chair and then as Certification Chair for the Baldwin SHRM. A member of Baldwin/Mobile chapters, she is also a member of National SHRM. Her areas of expertise are initiating and managing continuous improvement/sustainable employee wellness programs through a series of initiatives that link HR, Safety, and Wellness to demonstrate and produce a direct hard return on employee wellness programs. Elisabeth serves on the Offshore Alabama Oil & Gas Task Force. She is also a member of International Association For Worksite Health Promotion (IAWHP) and American Association for Talent and Development (ATD). In January 2014 Elisabeth was named to the Board of Directors of Alabama State SHRM Council as Wellness Director. She is team launching “Wellness Alabama”, a statewide wellness business initiative. Her industry work experience includes manufacturing, healthcare, government, nonprofit, and higher education.

Elisabeth has presented wellness programs to SHRM chapters in both Alabama and Mississippi, the Mobile Occupational Health Nurses Group, the American Society of Safety Engineers, and has been nominated to present to this year’s Southern Automotive Manufacturer Association Annual Conference. Additionally, for almost a decade, Elisabeth has been a registered yoga teacher (RYT-200® through Yoga Alliance) and has led Hatha Yoga classes at local hospitals and community and municipal centers.

Elisabeth is a contributing writer for *Spirituality & Health Magazine*. Her works appear in wellness industry journals and human resources publications as well as books, magazines, and newspapers in both the United States, Europe, and internationally.

A graduate of the University of Alabama, Elisabeth attended and studied at Cumberland School of Law.



**Looking for someone who is located in Mike Rogers
3rd District to serve on the A Team Advisory Board.**

**If interested please contact Mike Polis at
334-277-8520 or mikep@jrsmith.com**

Thank you.

2015 DUES

Reminder membership dues for the 2015 year are due
by December 31, 2014

Payment instructions and options to pay through PayPal are available online at:
<http://shrmmontgomery.shrm.org/membership-dues-payment-options>

If you need an invoice to provide to your company, you can find a Word version to edit with your name and option selected on this same website page.

Please get your dues in before the end of the year!

THANK YOU!

2014 Montgomery SHRM Board Members

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