



SEPTEMBER 2013



SHRM Montgomery

ADVANCING THE PROFESSION AND SERVING THE PROFESSIONAL

General Membership Meeting

Date: Thursday, October 24th, 2013
Topic: **Unemployment Claims Processing Part II**
Speaker: **Henry Jackson,**
State of Alabama

Time: Luncheon Meeting
11:30am – 1:00pm

Location: **MAX Credit Union**
400 Eastdale Circle
Montgomery, AL 36117

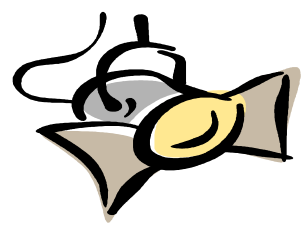


Meeting Guidelines Checklist:

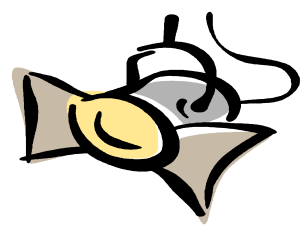
- Please go to <http://shrmontgomery.shrm.org> and click the “Meeting Reservation Link.”
- All members, guests and students must go to the website to make a reservation in order to attend the meeting.
- Cancellations must be made 24 hours in advance of the meeting. SHRM-Montgomery reserves the right to bill if cancellation is not made in a timely manner.
- Luncheon Meeting Fees, payable at the door
 - Basic Members (excluding all-inclusive members) - \$15
 - Guests - \$20

Board Members wanted!!

We are currently looking for members who are interested in working on the SHRM-Montgomery Board for the 2014 year. If you are interested and would like to know more, please contact Becky Ellis at 334.832.1712 or becky.ellis@regions.com.



Member Spotlight



Stacie Carre

Marketing Representative
Managed Health Care Administration

Stacie Carre serves as the Marketing Representative for Managed Health Care Administration (MHCA), a comprehensive behavioral health care and employee assistance (EAP) company located in Birmingham. MHCA manages the behavioral health care benefits for Alabama's largest health insurer. In her role as Marketing Representative, Stacie travels around the state connecting with HR professionals and providing free resources to companies who have the Expanded Psychiatric Services (EPS/EPL) or Blue Choice Behavioral Health benefit. Stacie participates in employee health fairs and lunch and learns to help educate her group's employees about their mental health benefits. Stacie loves her job as Marketing Representative, saying "It is so gratifying to connect with people and to help them understand their mental health benefits. Many times I find that people are unaware that they even have mental health benefits."

Stacie is originally from Louisiana but considers Alabama her home, as she has lived here for the past 17 years. Stacie holds a Bachelor of Science degree in Psychology from The University of West Alabama (Livingston). Since moving to Alabama in 1996, Stacie has worked in a variety of professional settings including non-profit, higher education, publishing, and behavioral health.

A favorite quote by Albert Einstein is "Strive not to be a success but rather to be of value." A helper by nature, Stacie embraces this theme in her work. A favorite motto by Oscar Wilde is "The smallest act of kindness is worth more than the grandest intention."

Stacie has been a national SHRM member and a Montgomery SHRM member for one year; Stacie also maintains membership with many local SHRM groups around the state. She really enjoys working with so many HR professionals who are passionate about what they do. In her spare time, Stacie enjoys spending time with her family, reading, gardening, traveling, beach going, and football.

SHRM Montgomery recently received a donation of a one year membership to a health and wellness tracker - 95210 (\$250 value). The 95210 tracker system provides an easy and quick way for employees to track their daily numbers that matter most - sleep, nutrition, screen time, physical activity, sodas and sugary drinks, tobacco exposure, walking steps, weight loss, multivitamins and supplements, and water intake. The 95210 site is designed to work with companies as small as 2 employees and larger companies up to any size.

SHRM Montgomery will have a fish bowl drawing during our October meeting for the tracker. If you are interested in partnering with 95210 to design a free one year wellness program for your company, please email shena.davidson@regions.com to be included in the drawing. Should you have questions about 95210 prior to entering the drawing, a brochure is attached or you can visit the web site at <https://www.95210.org> or contact James Chapman at 850-274-6225.

CERTIFICATIONS for Fall 2013

We will offer two (2) \$250.00 scholarships for PHR/SPHR/GPHR Certifications for the Fall 2013 exam period! If you plan to take your certification exam in the Fall of 2013, please send an email to Twyla Williams at twyla.williams@manpower.com by December 1, 2013. All current members are eligible. Once we receive notification that you have passed your exam, your name will go into a drawing to win one of the two (2) \$250.00 scholarships. Good luck!

2013 Montgomery SHRM Board Members

Board Members

President	Becky Ellis, PHR
Past President	Tamela Selmar-Burks
Membership	Lisa McKissick, SPHR
Treasurer	Jeanette Williams
Programs	Amanda Meeks, PHR, Tamela Selmar-Burks, & Alvin Tucker
Secretary	Tara Gibson, PHR
Webmaster	Tara Langley
Newsletter	Michaela Hutcheson

Core Leadership Areas

Government Affairs	Mike Polis
SHRM Foundation	Gilbert Darrington, PHR
College Relations	Shena Davidson, PHR
Workforce Readiness	Tara Langley
Certifications	Twyla Williams, PHR
Diversity	Rich Lewis