

SEPTEMBER 2014



Montgomery

ADVANCING THE PROFESSION AND SERVING THE PROFESSIONAL

General Membership Meeting

- **Date:** Wednesday, October 29th, 2014
- Topic: How to Create a Wellness Strategic Business Strategy

Speaker: Elisabeth Doehring

- Time: Luncheon Meeting 11:30am – 1:00pm
- Location: Troy University Gold Room, 2nd Floor 231 Montgomery Street Montgomery, AL 36104

Registration Deadline: Monday October 27th

NOTE: All registrations should be submitted 2 business days prior to the meeting.

Meeting Guidelines Checklist:

- Please go to http://shrmmontgomery.shrm.org and click the "Meeting Reservation Link."
- All members, guests and students must go to the website to make a reservation in order to attend the meeting.
- Cancellations must be made 24 hours in advance of the meeting. SHRM-Montgomery reserves the right to bill if cancellation is not made in a timely manner.
- Luncheon Meeting Fees, payable at the door
 - Basic Members (excluding all-inclusive members) \$15
 - o Guests \$20





Please welcome new members:

Stephanie Fletcher Joy Osborne Amanda Smith



Speaker Spotlight October





Elisabeth A. Doehring serves as Founder/President of the North American Center for Workplace Wellness (NACWW [™]). NACWW[™] guides companies in establishing and managing employee wellness programs. Focus is on creating employee wellbeing and teamwork that increase productivity and profitability.

Double-certified in Human Resources (PHR and GPHR) with nearly ten years of combined human resources and training, Elisabeth holds wellness certifications from WELCOA (The Wellness Councils of America), as well as WELCOA Faculty Status. Other certifications include Certified Worksite Wellness Specialist (CWWS) and Certified Worksite Wellness Program Manager (CWWPM) from the National Wellness Institute. Elisabeth also holds the designation of 30 hour OSHA Training.

Elisabeth has served as Diversity Chair and then as Certification Chair for the Baldwin SHRM. A member of Baldwin/Mobile chapters, she is also a member of National SHRM. Her areas of expertise are initiating and managing continuous improvement/sustainable employee wellness programs through a series of initiatives that link HR, Safety, and Wellness to demonstrate and produce a direct hard return on employee wellness programs. Elisabeth serves on the Offshore Alabama Oil & Gas Task Force. She is also a member of International Association For Worksite Health Promotion (IAWHP) and American Association for Talent and Development (ATD). In January 2014 Elisabeth was named to the Board of Directors of Alabama State SHRM Council as Wellness Director. She is team launching "Wellness Alabama", a statewide wellness business initiative. Her industry work experience includes manufacturing, healthcare, government, nonprofit, and higher education.

Elisabeth has presented wellness programs to SHRM chapters in both Alabama and Mississippi, the Mobile Occupational Health Nurses Group, the American Society of Safety Engineers, and has been nominated to present to this year's Southern Automotive Manufacturer Association Annual Conference. Additionally, for almost a decade, Elisabeth has been a registered yoga teacher (RYT-200® through Yoga Alliance) and has led Hatha Yoga classes at local hospitals and community and municipal centers.

Elisabeth is a contributing writer for *Spirituality & Health Magazine*. Her works appear in wellness industry journals and human resources publications as well as books, magazines, and newspapers in both the United States, Europe, and internationally.

A graduate of the University of Alabama, Elisabeth attended and studied at Cumberland School of Law.



Looking for someone who is located in Mike Rogers 3rd District to serve on the A Team Advisory Board.

If interested please contact Mike Polis at 334-277-8520 or <u>mikep@jrsmith.com</u>

Thank you.



Ultimate Software's cloud-based UltiPro helps simplify and improve work experiences for employees at every level. Organizations can easily manage global people data and processes with UltiPro and ensure their people feel engaged and productive from day one. With UltiPro, you can deliver personalized recruiting and onboarding experiences, guide employees through important benefits choices, simplify complex payroll computations, efficiently manage time and attendance needs, support continuous performance management and development, and build proactive succession plans for the future. Most importantly, UltiPro's solutions are supported by powerful business intelligence and reporting to help you drive smarter, people-focused business results.



SEVENTH ANNUAL DIVERSITY SUMMER

A CLEAR AND PRESENT OPPORTUNITY INTENTIONAL AND AUTHENTIC DIVERSITY LEADERSHIP

SEPTEMBER 30, 2014 8:00 A.M. - 6:00 P.M. RENAISSANCE MONTGOMERY HOTEL & SPA AT THE CONVENTION CENTER

PRESENTING SPONSOR: STIVERS FORD LINCOLN MAZDA RECEPTION SPONSOR: AUBURN MONTGOMERY GOLD SPONSORS: ALABAMA STATE UNIVERSITY, HYUNDAI MOTOR MANUFACTURING ALABAMA, WIND CREEK HOSPITALITY



Proposed Board Members for 2015 Montgomery SHRM

Board Members

President Membership Treasurer Programs Secretary/Wellness Webmaster Newsletter

Core Leadership Areas

Government Affairs SHRM Foundation College Relations Workforce Readiness Certifications Diversity Mike Polis Andrea Jordan, PHR Becky Ellis, PHR Tamela Selmar-Burks Tara Gibson, PHR Tara Langley Michaela Hutcheson

Bonita Heartsill, PHR Linda Browder Deneen Hughes Carol Purnell Deneen Hughes Rich Lewis

2014 Montgomery SHRM Board Members

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Government Affairs SHRM Foundation College Relations Workforce Readiness Certifications Diversity Becky Ellis, PHR Twyla Williams, PHR Tamela Selmar-Burks Bonita Heartsill, PHR Tara Gibson, PHR Tara Langley Michaela Hutcheson

Mike Polis Andrea Jordan, PHR Open Carol Purnell Open Rich Lewis